


	<p><i>What is it?</i></p>	<p>The SBAR (Situation-Background-Assessment-Recommendation) technique provides a framework for communication between members of the health care team about a patient's condition.</p>
	<p><i>Why Use it?</i></p>	<ul style="list-style-type: none"> • The SBAR tool ensures completeness of information and reduces the likelihood of missed data. • It allows for an easy and focused way to set expectations for what will be communicated and how it will be communicated. • Standardizes communication between healthcare providers, doctor-nurse, nurse-nurse, doctor-doctor.
	<p><i>How do I do it?</i></p>	<ul style="list-style-type: none"> • S – Situation – what's going on (5–10 seconds) • B – background – brief pertinent history, relevant context • A – Assessment – what I think, conclusion • R – Recommendation – what I need and in what time frame
	<p><i>What will the Result look like?</i></p>	<p>An example is shown on the reverse of this page.</p>

Source: www.ihi.org

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A Sample of How to Use SBAR

SBAR REPORT TO PHYSICIAN ABOUT A CRITICAL SITUATION

S	<p>Situation – identify self, unit I am calling about <patient name and location> The problem I am calling about is _____ I have just assessed the patient personally and these are the changes in the patient's status:</p>																				
B	<p>Background:</p> <table border="1"> <thead> <tr> <th>NEURO</th> <th>CV</th> <th>RESP</th> <th>GI</th> <th>GU</th> <th>LABS</th> <th>MEDS</th> </tr> </thead> <tbody> <tr> <td> <input type="checkbox"/> GSC <input type="checkbox"/> Sedation <input type="checkbox"/> ICP/ CPP <input type="checkbox"/> Pupils </td> <td> <input type="checkbox"/> BP/ MAP <input type="checkbox"/> HR <input type="checkbox"/> ECG <input type="checkbox"/> Rhythm <input type="checkbox"/> Chest pain <input type="checkbox"/> Temp <input type="checkbox"/> PA and cardiac calcs <input type="checkbox"/> CVP <input type="checkbox"/> Bleeding <input type="checkbox"/> IV access </td> <td> <input type="checkbox"/> RR <input type="checkbox"/> Sp₂ <input type="checkbox"/> Change in ventilation or oxygenation <input type="checkbox"/> Breath sounds <input type="checkbox"/> ABG </td> <td> <input type="checkbox"/> N/V <input type="checkbox"/> OG/ drain output <input type="checkbox"/> Nutrition <input type="checkbox"/> High residuals <input type="checkbox"/> IAP <input type="checkbox"/> Abdo pain </td> <td> <input type="checkbox"/> U/O <input type="checkbox"/> I/O <input type="checkbox"/> Fluid balance </td> <td> <input type="checkbox"/> Recent results <input type="checkbox"/> Date of last cultures <input type="checkbox"/> Blood glucose </td> <td> <input type="checkbox"/> Current infusions and rates <input type="checkbox"/> Increasing Inotropes <input type="checkbox"/> Med Error </td> </tr> </tbody> </table>							NEURO	CV	RESP	GI	GU	LABS	MEDS	<input type="checkbox"/> GSC <input type="checkbox"/> Sedation <input type="checkbox"/> ICP/ CPP <input type="checkbox"/> Pupils	<input type="checkbox"/> BP/ MAP <input type="checkbox"/> HR <input type="checkbox"/> ECG <input type="checkbox"/> Rhythm <input type="checkbox"/> Chest pain <input type="checkbox"/> Temp <input type="checkbox"/> PA and cardiac calcs <input type="checkbox"/> CVP <input type="checkbox"/> Bleeding <input type="checkbox"/> IV access	<input type="checkbox"/> RR <input type="checkbox"/> Sp ₂ <input type="checkbox"/> Change in ventilation or oxygenation <input type="checkbox"/> Breath sounds <input type="checkbox"/> ABG	<input type="checkbox"/> N/V <input type="checkbox"/> OG/ drain output <input type="checkbox"/> Nutrition <input type="checkbox"/> High residuals <input type="checkbox"/> IAP <input type="checkbox"/> Abdo pain	<input type="checkbox"/> U/O <input type="checkbox"/> I/O <input type="checkbox"/> Fluid balance	<input type="checkbox"/> Recent results <input type="checkbox"/> Date of last cultures <input type="checkbox"/> Blood glucose	<input type="checkbox"/> Current infusions and rates <input type="checkbox"/> Increasing Inotropes <input type="checkbox"/> Med Error
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A	<p>Assessment This is what I think the problem is: <say what you think is the problem> The problem seems to be < cardiac infection neurologic respiratory _____ > I am not sure what the problem is but the patient is deteriorating The patient seems to be unstable and may get worse, we need to do something.</p>																				
R	<p>Recommendation I request that you <say what you would like to see done> <input type="checkbox"/> Transfer the patient to critical care <input type="checkbox"/> Come to see the patient at this time <input type="checkbox"/> Talk to the patient or family about code status <input type="checkbox"/> Ask the on-call family practice resident to see the patient now. <input type="checkbox"/> Ask for a consultant to see the patient now</p> <p>Are any tests needed: Do you need any tests like CXR, ABG, EKG, CBC, or BMP? Others _____</p> <p>If a change in treatment is ordered then ask: <input type="checkbox"/> How often do you want vital signs? <input type="checkbox"/> How long do you expect this problem will last? <input type="checkbox"/> If the patient does not get better when would you want us to call again?</p> <p>Confirm: <input type="checkbox"/> I understand that the treatment plan is: "<intervention and time frame for anticipated outcomes>" <input type="checkbox"/> What should I do before you get here to assess the patient?</p>																				

Additional samples are available at: <http://www.cdha.nshealth.ca/quality/ihitools.html>